

**Intensive Partial Day Programming 9-7 PM  
Partial Day Programming 9-2 PM**

Day & Time Schedule	Monday 9-7 PM	Tuesday 9-7 PM	Wednesday 9-2 PM	Thursday 9-7 PM	Friday 9-2 PM
9-9:30 AM	Arrival & Breakfast <i>(catered)</i>	Arrival & Breakfast <i>(catered)</i>	Arrival & Breakfast <i>(catered)</i>	Arrival & Breakfast <i>(catered)</i>	Arrival & Breakfast <i>(catered)</i>
9:30-10 AM	Community Meeting Process Weekend	Community Meeting Process Evening	Community Meeting Process Evening	Community Meeting Process Evening	Community Meeting Process Evening
10-12:30 AM 11 AM	Group Therapy Snack <i>(We Provide)</i>	Group Therapy Snack <i>(We Provide)</i>	Group Therapy Snack <i>(We Provide)</i>	Group Therapy Snack <i>(We Provide)</i>	Group Therapy Snack <i>(We Provide)</i>
<b>NOTE RE: BREAKS</b>	<u>All Client Bathroom</u> →	<u>Breaks Are Smoke</u> →	<u>Monitored P.M Break</u> →	<u>By Staff - Clients Are</u> →	<u>Including: NEVER Alone!!!!</u>
11:30-1 PM	Internal Family Systems Therapy	RD Dietary Assessment & Education	Art Therapy	RD Dietary Assessment & Education	Shame Therapy & Ed
1-2 PM	Lunch & Goal Setting <i>(catered)</i>	Lunch & Goal Setting <i>(catered)</i>	Lunch & Goal Setting <i>(catered)</i>	Lunch & Goal Setting <i>(catered)</i>	Lunch & Weekend Planning <i>(catered)</i>
2-3 PM	Quiet Time Work Assigned	Quiet Time Work Assigned	D/C For Day	Quiet Time Work Assigned	D/C For Day
3-4 PM	Yoga & Walk	Individual Sessions		Individual Sessions	
4-4:15 4:15-6 6-7 PM <b>Evening Program</b>	Snack Group Dinner & Goals	Snack Group Dinner & Goals		Snack Group Dinner WE Goals	